



IU Health Physicians



Obesity Symposium: Contemporary Management of Obesity

Friday: September 20, 2024

Time: 8:00-4:30 PM

Course Director: Dimitrios Stefanidis, MD, PhD

8:00-8:30 AM	Registration, Breakfast, Opening Remarks	Dimitrios Stefanidis, MD, PhD
8:30-9:30 AM	<i>Healthier Together: Exploring the Role of Relationships in the Care of Patients with Obesity</i>	William Hilgendorf, PhD, HSPP Marjorie Cline, LCSW, LCAC, ACSW Sean Jones, Ph.D., HSPP Jonathan Richardson, PsyD, HSPP
9:30-10:15 AM	<i>Nutrition Support During Weight Loss</i>	Nana Gletsu Miller, PhD Dr. Carla Miller Dr. Sixtus Aguree
10:15-10:30	Break and Vendors	
10:30-11:15	<i>Exercise: The Unfilled Prescription</i>	Dave Creel, PhD, RD, HSPP Katie Hake Bill Dean Kierstin Sharifi
11:15-12:00	<i>Anti-Obesity Medication Update and Panel</i>	Ashely Gilmore, MD
12:00 – 1:00 PM	Lunch and Vendors	
1:00-1:30 PM	<i>Keynote Speaker</i>	Dana Telem, MD, MPH
1:30-2:15 PM	<i>Which operation is right for my patient?</i>	Dimitrios Stefanidis, MD, PhD Christopher Crawford, MD Myungwon Chang, MD
2:15-2:30 PM	Break for Vendors	
2:30-3:15 PM	<i>Adolescent Transformation: empowering teens through bariatric surgery</i>	Rosalie Carr, MD, MCR Sarah Naramore, MD Megan Coughlin, MD
3:15-4:15 PM	<i>Coaching Session</i>	Dimitrios Stefanidis, MD Christopher Crawford, MD Myungwon Chang, MD
4:15-4:30 PM	Closing Remarks	Dimitrios Stefanidis, MD

